

Regular Eye Examinations

There's more to healthy eyes than clear vision.

Our comprehensive examination encompasses a detailed online questionnaire which reveals your current eye problems, your previous eye care solutions and diagnoses, your family ocular history, your medical history, your family medical history and what tasks you need to perform well when using your eyes. We ask about and dry eye problems, your occupation, hobbies and interests so we can be sure to offer you the most comprehensive recommendations for you to gain the best from your vision.

Before you meet with our optometrist, our friendly clinical assistant will guide you through a series of pre-tests which include scanning your retina, macula and optic nerve, evaluating corneal health, and measuring the pressure of your eyes. If you indicated you suffer any dry eyes, an infra-red meibomian gland scan and tear film scan are performed. Results from these are seen on 4-screens in the optometrist's room and evaluated before you are even in the door. This valuable information is both electronically stored and compared with all previous and future exams.

Once in the exam room the clarity and comfort of your vision is assessed with any refractive error, accommodation and convergence issues thoroughly evaluated. The anterior eye health and tear film are evaluated under high magnification.



Our optometrists prioritise addressing any concerns, symptoms or enquiries you may have. Once we have ruled out any pathology and determined the cause of your symptoms, we will recommended a course of action to resolve your presenting symptoms. Subsequently any questions or interests, you have included on our pre-test questionnaire, will be discussed in detail. Whether you are interested in vision therapy, contact lenses, lightweight glasses, sunglasses, glaucoma, cataracts, macular degeneration or any other vision related product or disease we are here to help.

To thoroughly examine the front of your eye, including the cornea, conjunctiva, iris, lens, and eyelids, our optometrists utilise a slit lamp microscope. This instrument allows for detailed observation and assessment of these structures. Additionally, the inside of your eye, encompassing the lens, retinal blood vessels, and optic nerve head, will be carefully examined using a binocular indirect ophthalmoscopy and the slit lamp. We evaluate the health of these internal structures and detect any abnormalities or signs of eye disease.



Assessments of pattern glare (often associated with migraines), visual fields (both computerised and kinetic), and colour vision are additional components that may be included in your eye examination.



If we identify any signs of eye disease or general health issues, we can treat some and refer for more in treatment options to either an ophthalmologist or a general medical practitioner. It's important to note that many changes caused by eye disease progress slowly and may not exhibit obvious signs or symptoms. Regular eye check-ups enhance the likelihood of detecting these changes early, enabling prompt treatment with a better chance of curing or controlling the disease.

If you desire more information on eye conditions such as myopia, hyperopia, cataracts, and glaucoma, your optometrist can provide you with a wide range of brochures and resources to address your queries and concerns or you can visit our website and click on the “Eye Conditions” heading.

Remember when you visit your optometrist, it's crucial to communicate any symptoms or concerns you may have regarding your vision, such as blurred vision, headaches, sore or red eyes, or double vision. Additionally, inform your optometrist about any specific vision requirements associated with your occupation, such as the working distance between your eyes and your computer screen, workbench, instruments, or machines.



Furthermore, remember to mention any music, hobbies, or sporting activities that may necessitate special lenses or visual accommodations. Providing this information enables us to tailor the intervention to suit your lifestyle and visual needs effectively.

Your optometrist is registered and qualified to:

- Examine your eyes for vision disorders.
- Detect and diagnose signs of eye disease.
- Prescribe, supply and repair spectacles.
- Detect and diagnose signs of health disorders involving the eyes.
- Prescribe, supply and fit contact lenses.
- Analyse and treat eye co-ordination disorders.
- Prescribe other specialised optical aids.
- Advise on lighting.
- Treat most presenting problems of ‘red’ eyes.
- Treat dry eye.

- Prescribe topical medication eyedrops and ointments to treat eye disease.
- Diagnose vision related learning difficulties.
- Prescribe safety eyewear for home and industry.

Billing

As a private practice offering a comprehensive service, we do not bulk bill assessments. However, Medicare does provide a rebate for a portion of the cost. For a quote on the cost of an eye assessment, feel free to reach out to our friendly team. It's important to note that while your private health fund may not cover the cost of our consultations, they often provide rebates for expenses related to glasses and contact lenses.

